

**NORTHWEST CATHOLIC CONFERENCE**  
Current IHSA rules apply, except as noted BELOW.  
(Updated 11-2023)

BASKETBALL "AA" LEAGUE RULES (11/2023)

1. 6th will be using a running **clock** with four 10-minute quarters. **The clock will stop on all whistles in the last minute of the second quarter and the last two minutes of the fourth quarter. 7th grade - (4) 6- minute quarters; 8th grade - (4) 7-minute periods.**
2. 6th grade- must **play man to man defense all year (NO ZONE in the 1/2 court); Pressing is allowed but only in the 2nd half after December 15th for boys and after January 15th for girls. This dated rule is for 6th grade only. See #7 for 7th and 8th grade.**
3. (4) **1-minute timeouts per game. (1) timeout in over time "No carry over".**
4. Overtime- (1) minute, with the clock stopping on all **whistles. The game will end at the completion of the (1) minute even if it's a tie. A (2) minute overtime period will be played during the "playoffs" until there is a winner.**
5. Five Minute Halftime
6. **Free throws will be shot after the 5th foul in each quarter. The foul count is restarted in each quarter. All fouls are 2 shot fouls**
7. **6th grade- No pressing with a 10+ point lead; 7th and 8th grade- No pressing with a 12+ point lead, otherwise AA teams may press in the second half. If AA teams are playing A teams, then AA rules will be used.**
8. Every player dressed on **the bench must play in a league game. If a team does not play all their players, the team will forfeit the game (playoff games included).**
9. **All players are limited to (6) Quarters in a day.**
10. Regulation size (29.5) ball will **be used in Boys games. 28.5 size balls will be used in the Girls games.**
11. **REPORTING OF SCORES:** Home team must report scores **within 48hrs of the games completion. Scores should be reported to [NWCGSCORES@comcast.net](mailto:NWCGSCORES@comcast.net). Failure to report scores will result in a forfeit for the home team.**
12. A **20+ point lead in the 4th quarter of any game, will result in a running clock for remainder of the game even if the score goes below 20 points or not.**
13. **When a 6th grade team has a 15+ point lead or 7th and 8th grade team has a 20+ point lead, the team with the lead must play man to man defense within arc.**